

BACK TO School KINDNESS LIST



- ☐ Offer to help a teacher clean their room
- ☐ Write kind notes for friends and teachers
- ☐ Start a gratitude journal
- ☐ Pick up leftover trash from the lunch table
- ☐ Volunteer with friends and family at the South Plains Food Bank
- ☐ Donate extra supplies or old backpacks to those in need at the Lubbock Dream Center
- ☐ Invite someone new to sit at your lunch table
- ☐ Join the Volunteer Center's *Youth For Impact* program
- ☐ Volunteer on Make a Difference Day
- ☐ Paint Kindness Rocks to leave around campus
- ☐ Meet new friends by talking to peers and getting to know them
- ☐ Join a new club at school and find ways to get involved in the community
- ☐ Draw a card for your teacher and tell them why you appreciate them
- ☐ Write cards for First Responders and deliver them to a Fire/Police Station
- ☐ Complement someone for their acts of kindness
- ☐ Volunteer at a community garden
- ☐ Bring teachers thank you gifts with hand-written cards
- ☐ Clean up litter around your school campus and recycle items
- ☐ Take some time to tidy up your space! Look for items that could be donated.
- ☐ Participate in a weekend park clean up with friends
- ☐ Take a drink to your crossing guard or school secretary
- ☐ Leave a thank you note for the school principal
- ☐ Play with someone who is lonely at recess or in gym class

If you need ideas on places to connect with, contact us at
(806) 747-0551 or volunteer@volunteerlubbock.org. For active and upcoming
volunteer opportunities, visit getconnected.volunteerlubbock.org.

